

Using your Regence Choice Vision plan is easy

Vision care is an important part of your overall health. That's why your vision plan promotes preventive care.

With open access to see any eye care provider, you can choose the one who's right for you. While you can select a VSP doctor or any other provider, your benefits are higher when you use the VSP Choice network.



VSP WellVision Exam®

Your plan includes the VSP WellVision Exam. This comprehensive screening can spot a range of vision problems, including glaucoma and diabetic retinopathy, as well as signs of serious health conditions like high blood pressure and high cholesterol.



Personalized care

A VSP doctor provides personalized care that focuses on keeping you and your eyes healthy year after year. Plus, when you see a VSP doctor, you'll get the most out of your benefits and have lower out-of-pocket costs. Your satisfaction is guaranteed.

The VSP Choice network includes nearly 96,000 providers across the country, including both community-based providers as well as the most popular retail chains, such as Costco® Optical, Walmart®, ShopKo® Eyecare, Sam's Club®, Visionworks® and more. Check with your retail chain provider before your exam to confirm they are a participating provider.



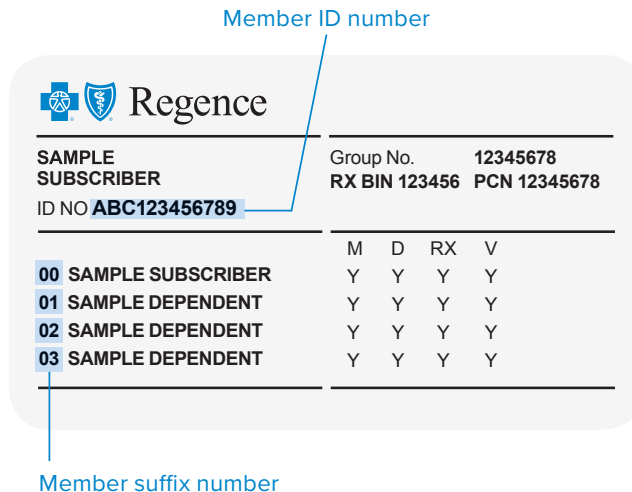
Choice in eyewear

From classic styles to the latest designer frames, you'll find hundreds of options for you and your family.

Know before you go

Check your or your covered family members' benefits before an appointment for more details on your plan and what you can expect to pay. Sign in to [regence.com](https://www.regence.com) and follow the link to [vsp.com](https://www.vsp.com) found in the vision benefits section. Family members covered by your health plan can see their benefits this way, too.

If you choose to go directly to [vsp.com](https://www.vsp.com), have your Regence member ID card handy. You'll need your member ID number and member suffix number to create an account. Any dependents you have will also appear on your card with a unique suffix number. Use the member ID number and the dependent member suffix to set up a dependent account to view dependent coverage.



You can view your Summary of Benefits Coverage or Regence Choice Vision booklet on [regence.com](https://www.regence.com) for full details on your vision benefits.



Find an eye doctor

Here are three easy ways to find a VSP doctor and save:

1. Use the **Find a doctor** tool on [regence.com](https://www.regence.com).
2. Use the **Find a VSP doctor** tool on [vsp.com](https://www.vsp.com).
3. Call VSP at 1 (844) 299-3041.

At your appointment, tell them you have VSP and show them your Regence member ID card.



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